

Online Tuning Fork Training/Demonstration

Energise and Tune Up using BioSonic

Tuning Forks

This online session (which can count towards for College of Sound CPD) is designed as an introduction to the use of Tuning Forks in healing. Essentially it covers practical Tuning Fork first aid, both in the energy field and on the body. It is designed to cover, an introduction to the main types and their use. It is not meant as a complete substitute for attending a practical workshop.

The sessions (based on 40 to 60 minutes) need to be pre-booked, pre-paid and are one to one.

- Session 1. Is an overview run through of the outline shown in the table below:
- Session 2. Optional and based on your preferences arising from the first. (an agenda to be agreed before the start of the second session).

1. Your relevant background interests etc – briefly for context and making the session most relevant
2. Tuning Fork Basics - including advice on holding and best use practice
- 3.. Contra indications and insurance
4. BioSonic's "the system" in use
5. Plain (unweighted) forks using
6. The Octave Spectrum Set - use of sound intervals also with the chakras
7. Specialist Forks and Sets
8. Weighted Forks
9. Round up and immediate questions not already covered

Pricing (fees can be paid via the Book Now link)

1st Session £35	1st and 2nd booked together £49	2nd booked later or separately £25
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Appropriate handouts/factsheets (as PDFs) will be included, no extra cost. Fair use telephone support for up to 10 days after the session with ongoing email questions welcome.

It is highly recommended that, you have access to the BioSonic C & G set. These are available at:

https://hillcrest01562.co.uk/pages/tuning_forks.php

Ideally

Skype will be used, as you will get the full 60 minutes.	Zoom can be used sessions will be 40 minutes	Other options, may be available please give me a call.
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Sessions by appointment: many afternoons are available and most Sundays. Please call or agree at least your first time slot before booking and payment.

Bookings are firm and no refunds made if cancellation within 3 days of the agreed timeslot.

Questions: 01562 741743 or Email: info@hillcrest01562.co.uk

or if you prefer to pay by Credit Card or bank transfer

Enquiries: 01562 741743

Website: www.hillcrest01562.co.uk

E-mail: info@hillcrest01562.co.uk