

# Autumn 2020 Workshop

## “pamper your energy fields”

### Sound; Colour; Auras; Chakras

“have fun, in this workshop, learning to make more of your precious life force”

This one-day workshop exploration will help you (and those close to you)–:

- 1 Receive an image of you real time Aura and Chakra state
- 2 Deepen your understanding of your energy sources and how to make better use of them
- 3 Experience the implications of Rainbow Nutrition
- 4 Explore the personal experience of light, vibration and colour (conscious and unconscious)
- 5 Tune your energy fields with Energy First Aid techniques
- 6 Balance your Aura and Chakra energies, with Sound and other modalities
- 7 Design a personal life action plan

**Who should attend? Anyone with a basic curiosity about understanding more about making the very best of your life force, who wishes to explore their own future and maybe that of those nearest and dearest**

c	Workshop Date	Venue	Post Code	Early Bird Booking by	Local Organiser
Sun	13 <sup>th</sup> September 2020	Hillcrest, Bewdley Hill, Kidderminster	DY11 6JE	Friday 28 <sup>th</sup> August 2020	Keith Oddy 01562 741743 info & Accommodation advice

- ❖ Numbers limited to maximum of **6 participants**
- ❖ Bookings are firm 8 weeks prior to workshop date, substitutes can be made at any time. Cancellations 8 weeks to early bird date will receive a 50% refund. From Early bird booking date, no refund made.
- ❖ Tea, coffee water refreshment will be available during the day.
- ❖ A light lunch (with gluten free options) is provided, if you have extra specific dietary needs please bring a packed lunch.

**Normal fee £89 per workshop Early Bird booking at £75 per workshop**



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From: \_\_\_\_\_ Telephone \_\_\_\_\_

Address \_\_\_\_\_

Post Code \_\_\_\_\_ E-mail: \_\_\_\_\_

Please reserve . . . . . places @ . . . . . per person

Name(s): \_\_\_\_\_ SAC Workshop Date: \_\_\_\_\_ Venue: \_\_\_\_\_

\* Please send this form with a cheque if it suits you, payable to EcoEnergies –

to Keith Oddy, Hillcrest, 103 Bewdley Hill, Kidderminster DY11 6JE

or if you prefer to pay by Credit Card request a telephone call or credit Card Details Yes / No

Enquiries: 01562 741743

Website: [www.hillcrest01562.co.uk](http://www.hillcrest01562.co.uk)

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