

Autumn 2019 Workshop

“pamper your energy fields”

Sound; Colour; Auras; Chakras

“have fun, in this workshop, learning to make more of your precious life force”

This one-day workshop exploration will help you (and those close to you)–:

- 1 Receive an image of you real time Aura and Chakra state
- 2 Deepen your understanding of your energy sources and how to make better use of them
- 3 Experience the implications of Rainbow Nutrition
- 4 Explore the personal experience of light, vibration and colour (conscious and unconscious)
- 5 Tune your energy fields with Energy First Aid techniques
- 6 Balance your Aura and Chakra energies, with Sound and other modalities
- 7 Design a personal life action plan

Who should attend? Anyone with a basic curiosity about understanding more about making the very best of your life force, who wishes to explore their own future and maybe that of those nearest and dearest

c	Workshop Date	Venue	Post Code	Early Bird Booking by	Local Organiser
Sun	15 th September 2019	Hillcrest, Bewdley Hill, Kidderminster	DY11 6JE	Friday 30 th August 19	Keith Oddy 01562 741743 info & Accommodation advice

- ❖ Numbers limited to maximum of **6 participants**
- ❖ Bookings are firm 8 weeks prior to workshop date, substitutes can be made at any time. Cancellations 8 weeks to early bird date will receive a 50% refund. From Early bird booking date, no refund made.
- ❖ Tea, coffee water refreshment will be available during the day.
- ❖ A light lunch (with gluten free options) is provided, if you have extra specific dietary needs please bring a packed lunch.

Normal fee £79 per workshop Early Bird booking at £69 per workshop



From: Telephone

Address

Post Code E-mail:

Please reserve places @ per person

Name(s): SAC Workshop Date: Venue:

* Please send this form with a cheque if it suits you, payable to EcoEnergies –

to Keith Oddy, Hillcrest, 103 Bewdley Hill, Kidderminster DY11 6JE

or if you prefer to pay by Credit Card request a telephone call or credit Card Details Yes / No

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